MISSION STATEMENT
Athletics at Bowdoin are an integral part of the College’s educational mission. Through the pursuit of victory, student-athletes are challenged to reach the highest levels of achievement in all areas. The lessons learned through participation lead to more than wins on the playing field. Those lessons also promote success in the classroom, develop leadership qualities, encourage the acceptance of responsibility and aid students in leading more successful and fulfilling lives.

Intercollegiate competition at Bowdoin offers experiences rich with camaraderie and excitement to a broad cross section of the student body.

Contests provide an opportunity for the entire community to come together. As such, student athletes are expected to be positive representatives of the school. Polar Bear athletes take pride in their accomplishments, commitment, effort, and integrity. At Bowdoin, coaches attract quality student-athletes and serve as their mentors and teachers. They provide an environment that is goal oriented, challenging, and positive.

ATHLETIC DEPARTMENT CONTACT INFORMATION

<table>
<thead>
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PRACTICE AND COMPETITION SCHEDULES & ACADEMIC CONFLICTS
Athletics and other extra-curricular activities are a crucial component of the Bowdoin community. However, when conflicts between athletic participation and academic commitments arise, students are expected to place highest priority on their academic experience (it is a NCAA violation to miss class or a lab for regular season practices, team meetings, pre-game meals and out-of-season conditioning sessions). Student-athletes should be prepared to be flexible with their extra-curricular schedule. Though the College tries to schedule athletic competitions in order to minimize academic conflicts, there may be instances where travel plans conflict with the academic schedule. It is imperative that students communicate with their professors about conflicts with their class schedule at the beginning of their season. Accommodation requests for post-season competition should be communicated to professors immediately upon being made aware of our contest schedule. Faculty members are asked, but not required, to make reasonable accommodations to allow for extracurricular participation. Please refer to the College’s “How to Manage Time Conflicts during the Academic Year” document for additional helpful information.

OUT-OF-SEASON ATHLETIC ACTIVITIES
Per NESCAC guidelines, all out-of-season athletic activity is voluntary and should not conflict with the academic schedule. Coaches and players are not permitted to take attendance or report information regarding out-of-season activities to staff members. As such, under NESCAC guidelines, there can be no correlation between participation in off-season activity and being part
of an athletic team. In the NESCAC, permissible out-of-season activities include team community service activities and educational programming including leadership, alcohol and hazing education. Students may volunteer to work in sport-based youth clinics provided clinics are conducted when classes are not in session and clinics are conducted not more than twice in any given sport in an academic year. Members of teams may not participate as a team or group of students, or represent Bowdoin, in pickup leagues that are unaffiliated with Bowdoin.

**NCAA and NESCAC COMPLIANCE**
NCAA Banned Substances – Student-athletes will be provided with a list of banned drugs and prohibited procedures by their athletic trainer at the beginning of the academic year. Student-athletes will be subject to drug testing during post-season competition, with positive tests resulting in a loss of eligibility.

Gambling – Online gambling, soliciting or accepting wager on any intercollegiate competition (for any item) and gambling at a casino or horse track is prohibited by the NCAA and student-athletes found to have participated in gambling activities will be subject to a loss of eligibility.

Transfer Request – Students are required to complete a NCAA self-release (DIII to DIII) or receive an institutional release from Bowdoin (DIII to DI or DII) prior to contact with other institutions. Student-athletes interested in learning about the transfer process should contact our Compliance Coordinator, Liz Grote (egrote@bowdoin.edu) or Tim Ryan.

* Please consult the [Code of Community Standards](mailto:egrote@bowdoin.edu) for College policy and reporting information regarding sexual misconduct, hazing and bias incidents.

**HAZING**
Bowdoin defines hazing broadly to include *any activity that is part of an initiation or admission into a group or is required for continued acceptance in a group* that encompasses one or more of the following:

- physically or psychologically embarrasses, deems, degrades, abuses, or endangers someone regardless of that person’s willingness to participate;
- categorizes members of the group bases upon seniority or standing or otherwise emphasizes the relative power imbalance of newer members;
- involves the consumption of alcohol, drugs, or other substances;
- removes, damages, or destroys property;
- results in the disruption of college or community activities, the educational process, or the impairment of academic performance;
- violates a college policy and/or a state law.

Bowdoin maintains a zero-tolerance policy regarding hazing, which is strictly prohibited. As such, no student, student organization, athletic team, other College-recognized group or association shall conduct, condone, aid, or participate as a witness in hazing activities, whether consensual or not. In addition to disciplinary action imposed by the College, students who engage in hazing could find themselves subject to criminal prosecution by legal authorities. Contact Tim Ryan with questions or concerns (tryan@bowdoin.edu).

**SEXUAL MISCONDUCT**
Sexual Harassment will not be tolerated at the College. Sexual Harassment, which is defined further in Bowdoin’s Student and Employee Title IX Policy, means conduct on the basis of sex
that satisfies one or more of the following: (1) quid pro quo sexual harassment by an employee; (2) unwelcome conduct that a reasonable person would consider so severe, pervasive and objectively offensive as to deny the victim equal access to the College’s Education Program or Activity; or (3) sexual assault, dating violence, domestic violence, or stalking. Additional information regarding this policy can be found on the College’s Title IX website.

The College offers alternative options to resolve Formal Complaints of Sexual Harassment except those reports involving a Student and an Employee. The options are designed to provide prompt, fair and impartial resolution of Formal Complaints as well as an opportunity for parties to present their versions of the incident and to understand the nature of the incident and its effects on each party and on the College community. The options differ in their procedures and potential results. In all instances, the timeline for resolution of Formal Complaints moves as expeditiously as is possible. The College recognizes the importance of the availability of confidential reporting and, to that end, there are several Bowdoin community members to whom students can make Sexual Misconduct and Gender Based Violence complaints and who will not disclose identifying details of such complaints to the Title IX Coordinator. For more information or resources on this matter, contact Director of Gender Violence Prevention and Education (and confidential resource) Lisa Peterson (lpeters@bowdoin.edu).

HOSTING PROSPECTIVE STUDENTS
Prospective students/recruits visiting during the day or overnight are to abide by all College policies. Hosts of prospective students are responsible for assuring their guests abide by the guidelines set forth in the visit consent forms the prospect has signed, and especially as it relates to alcohol. Bowdoin has a zero-tolerance policy for prospective students consuming alcohol.

SOCIAL MEDIA
Student-athletes should not post photographs, video, narrative descriptions, or other content depicting or describing themselves or teammates from any team gathering, event, or social gathering or any other event that reflects negatively on Bowdoin College, Bowdoin Athletics, or the student-athletes’ team. Student-athletes are reminded that future employers regularly view applicants’ social media platforms before making hiring decisions.

BOWDOIN ATHLETES of COLOR COALITION
It is the mission of the Athletes of Color Coalition (AoCC) to advocate for student-athletes of color at Bowdoin regardless of their sport, race, class, sexuality, or gender identities. The group is open to all varsity and club minority athletes, providing a support system in which student-athletes of color can freely discuss their respective experiences on and off the playing field, on a predominately white campus, in a predominately white athletic league. The organization is designed to foster communication between the Bowdoin Athletic Department and its minority athletes as well as to create dialogue surrounding the experiences of athletes of color to the broader Bowdoin community. For more information, contact Head Coach of Women’s Track LJ Que (lque@bowdoin.edu) or Assistant Basketball Coach Felix Abongo (fabongo@bowdoin.edu).

BOWDOIN STUDENT-ATHLETE ADVISORY COMMITTEE (BSAAC)
The mission of the BSAAC is to enhance the total student-athlete experience by protecting and nurturing the health and well-being of all student-athletes. The committee consists of representatives from each athletic program and serves as the liaison between the student-athletes and College administrators. In addition, the BSAAC promotes athletic events on campus and is
actively engaged in a number of community service projects, including the NCAA’s partnership with the Special Olympics. For more information, contact Head Women’s Basketball Coach Adrienne Shibles (ashibles@bowdoin.edu).

**POLAR BRAIN ALLIANCE**
The Polar Brain Alliance is comprised of students who have been trained to assist student-athletes that have suffered a concussion and are in the process of returning to full academic and athletic participation. These students will assist with tasks ranging from assisting with communication with faculty members to retrieving meals from the dining hall while a student is on brain rest. For more information, contact Assistant Athletic Director for Sports Performance Dan Davies (ddavies@bowdoin.edu).

**LGBTQ INCLUSIVITY**
Bowdoin College is specific and assertive in the protection of all community members: respect for the rights of all and for the differences among us is essential to the health of the Bowdoin community and our athletic community on campus. Discrimination or harassment of others because of race, color, ethnicity, national origin, religion, sex, sexual orientation, gender identity and/or expression, age, marital status, place of birth, veteran status or against qualified individuals with disabilities on the basis of disability has no place in an intellectual community, especially within athletics at Bowdoin. The NCAA and the College have guidelines in place regarding transgender participation in inter-collegiate athletics. For more information regarding LGBTQ participation in athletics, contact Kate Stern, Associate Dean of Students for Inclusion and Diversity (kstern@bowdoin.edu), Tim Ryan, or Alice Wiercinski (awiercin@bowdoin.edu).

**ATHLETIC TRAINING**
Student-athletes are expected to arrive early for appointments with our athletic training staff, team physician and physical therapy providers. Bowdoin and physical therapy equipment such as crutches, braces, scooters, TEN’s units, etc. must be returned after rehabilitation is complete or the student-athlete will be charged for the associated replacement costs. If a student needs to cancel an appointment, please do so 24 hours in advance. For more information or questions, contact Dan Davies (ddavies@bowdoin.edu).

**EQUIPMENT**
Uniform, apparel, and other equipment is College property. Equipment and uniforms are required to be returned at the end of each athletic season. If equipment or uniforms are not returned on time, the student using the equipment will be charged twice the price of unreturned equipment due to the difficulties associated with uniform and apparel replacement (matching items, etc.). For more information, contact Chappy Nelson (cnelson@bowdoin.edu).

**Essential Equipment and Apparel Assistance**
Students in need of financial support for the purchase of essential equipment and/or apparel for participation in a varsity athletic program are encouraged to contact their Head Coach. In addition, request can be made through Bowdoin’s [Supplemental Funding Request form](#).

Bowdoin Athletics Website: [www.goubears.com](http://www.goubears.com)
Bowdoin Athletics Twitter: [@goubears](https://twitter.com/goubears)
Bowdoin Athletics Instagram: [@goubears](https://www.instagram.com/goubears)
COVID-19 ADDENDUM

The 2020-21 academic year will be unique in many ways. The experience for our student-athletes, at least during the fall semester, will differ from our traditional activities with several new policies and procedures, and it is not known when we will be able to return to many of our historical operating guidelines. In the meantime, our coaching and support staff is prepared to follow health and safety guidelines established by the NCAA and COVID related medical and socialization policies in place in the State of Maine and at the College while providing a rewarding athletic experience for our student-athletes. A summary of important policy updates is provided below; please do not hesitate to contact Director of Athletics Tim Ryan, Senior Woman Administrator Alice Wiercinski, or Assistant Athletic Director for Sports Performance Dan Davies with any questions or concerns. This document will be updated as needed (9/7/20).

Voluntary Nature of Activity: In accordance with NCAA guidelines, all athletically related activity is voluntary, and a students’ position on a team or ability to try out for a team will not be impacted by their decision not to participate in team activities in the 2020-21 academic year.

NCAA Return to Sport Concern Hotline: The NCAA has established a phone number and email address to allow college athletes, parents or others to report potential return-to-sport concerns. The Association will notify school and conference administrators, who are expected to review and address concerns. Concerned individuals can call toll free 833-661-CV19 (2819) or email covidconcerns@ncaa.org with the name of the NCAA member institution, sport and brief summary of the concern. Concerns may also be directed to Director of Athletics Tim Ryan, Senior Woman Administrator Alice Wiercinski, or Assistant Athletic Director for Sports Performance Dan Davies.

NCAA Resocialization of Sport Guidelines: The NCAA has issued guidelines for returning to sport activity which can be found at http://www.ncaa.org/sport-science-institute/covid-19-coronavirus (most recent updates are highlighted in yellow). The athletic department will adhere to the guidelines outlined by the NCAA, which include, but are not limited to:

- Enhanced pre-participation medical screening
- Twice-weekly on-campus Polymerase Chain Reaction (PCR) testing (exceeding NCAA guidelines)
- Face coverings or shields utilized by coaches and players when distancing cannot be maintained (in line with College policies when more restrictive)
- Shared equipment, balls, etc. will be sanitized following each workout
- Workouts will occur outside and when this is not feasible, indoors with good ventilation
- Following a positive test result, thorough contact tracing and associated testing of individuals found to have been in close proximity to a COVID-19 positive individual

Campus Status and Athletics: Workouts overseen by coaches will be permitted when campus status is Yellow and will only be permitted outside when campus status is Orange. Coach-directed workouts will not occur when campus status is Red.

Failure to Adhere to College and Athletic Department Guidelines: Intentional or repeated failure to adhere to College and athletic department polices related to medical and safety measures related to COVID-19 will be cause for immediate dismissal from an athletic program.